# Týždenný mikrocyklus FK Železiarne Podbrezová a.s. 2023/24

| | | I.L | I.LSD | I.LMD | | I.LSŽ | | I.LMŽ | | PRÍPRAVKY | | | | | JUNIORKY | ŽIAČKY | Brankári | BRNO | VALASKÁ | BREZNO | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | MUŽI | U19 | U17 | U16 | U15 | U14 | U13 | U12 | U11 | U10 | U9 | U8 | U7 | WU19 | WU15 | | | MUŽI | MUŽI | DORAST/ŽIACI | | Prípravky |
| | | | 2005-06 | 2007 | 2008 | 2009 | 2010 | 2011 | 2012 | 2013 | 2014 | 2015 | 2016 | 2017 | 2005 | 2009 | | | | | U19,U17 | U15,U13 | PROJEKT |
| Pondelok | 01.07. | | | | | | | | | | | | | | | | | | | | | | |
| | | 16:00 - 17:30 Valaská + Fitnes | | | | | | | | | | | | | | | | | | | | | |
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| Utorok | 02.07. | | | | | | | | | | | | | | | | | | | | | | |
| | | 11:00 - 12:30 Valaská + Fitnes | | | | | | | | | | | | | | | | | | | | | |
| | | | | | | | | | | | | | | | | | | | | | | | |
| Streda | 03.07. | 11:00 - 12:30 Zelpo + Fitnes | | | | | | | | | | | | | | | | 10:00 - 11:30 Valaská | | | | | |
| | | Komárno PZ (Zelpo) 13:00 hod | 15:00 - 16:30 Skalica | | | | | | | | | | | | | | | | | | | | |
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| Štvrtok | 04.07. | | | | | | | | | | | | | | | | | | | | | | |
| | | 11:00 - 12:30 Zelpo + Fitnes | 9:00 - 10:30 Mýto | | | | | | | | | | | | | | | 10:00 - 11:30 Valaská | | | | | |
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| Piatok | 05.07. | | | | | | | | | | | | | | | | | | | | | | |
| | | 11:00 - 12:30 Zelpo + Fitnes | 9:00 - 10:30 Mýto | | | | | | | | | | | | | | | 10:00 - 11:30 Valaská | | | | | |
| | | | | | | | | | | | | | | | | | | 16:00 - 17:30 Valaská | | | | | |
| Sobota | 06.07. | no PZ (Zelpo) 11:00 hod | 9:00 - 10:30 Skalica | | | | | | | | | | | | | | | | | | | | |
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| Nedeľa | 07.07. | | Turnaj Priechod 12:30 a 17:30 | | | | | | | | | | | | | | | | | | | | |